

FAMILY HELP DROP-IN SESSIONS

From January 2026, our Family Help Team will be offering regular drop-in sessions at Family Hubs and Children's Centres across Bury.

These sessions are open to parents, carers, grandparents – anyone who plays a role in family life. Come and chat with one of our trained practitioners for friendly advice, guidance, and support. We can also signpost you to services that can help with more specialist needs.

We know that every family faces challenges at different times and that's completely normal! Sometimes these challenges can start to feel overwhelming, and asking for help might seem daunting or embarrassing, or you might simply not know where to turn. That's why we've made it easier for you to get the right help at the right time, close to home.

What We Can Help With:

- Parenting
- Mental Health
- Schools & Colleges
- Finances
- Parental Conflict
- Friendships
- Sexual Health
- Domestic Abuse
- Family Relationships & Difficulties
- Substance Misuse
- Housing
- General worries or queries

Bury West & North Children's centre

11.30-12:30

Starting: Tuesday 3rd February



Brandlesholme Road,
BL8 1AX.



East Bury Family Hub

9:00-11:00

Starting: Tuesday 27th January



25 Dorset Street,
BL9 9DN



Radcliffe Children's Centre

11:30-12:30

Starting: Tuesday 3rd February



Next to Radcliffe Primary School, M26 3RD



Whitefield children's centre

8.45 - 11AM

Starting: Monday 9th February



Ribble Drive, M45
8TD.



Scan the QR code to join online!

When & Where
Venues: Family Hubs and Children's Centres
Frequency: Fortnightly sessions at each location
Format: In-person and virtual options to make it easier for you.