

Cams Lane Primary School

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Inspire Believe Learn

Dear Parent/Carer,

We are delighted to inform you that your child will be participating in **Forest School sessions** with **Nature Wild Forest School**, as part of their learning experience at Cams Lane Primary School. Sessions will take place **every Friday for this half term**, in the recently developed nature area, starting on **16th Jan 2026**

Forest School is a child-centred, outdoor learning approach which supports holistic development, helping children to build confidence, resilience and independence. Through activities such as den building, tool use and exploring the natural world, children develop practical skills, teamwork and a deeper connection to nature.

Trained Forest School leaders will guide children in outdoor activities - all at their own pace. All equipment and materials will be provided but as sessions take place outdoors, we kindly ask that children come prepared for all weather conditions. They will need:

- Comfortable, weather-appropriate clothing (e.g. waterproofs, layers and a warm hat).
- Sturdy footwear, such as wellies or trainers.
- A water bottle.
- Any necessary medication, such as an inhaler.

Each class will be split into two groups to make a smaller group of up to 15 in the area at one time

Year 3 sessions will be in the morning so therefore children need to come ready and dressed for their forest school session and bring their school uniform and shoes in a bag to get changed into afterwards at dinner

Year 4 sessions will be in the afternoon so therefore children come to school in their school uniform and bring their forest school clothes and footwear in a bag to get changed into just after dinner – they will come home in this gear as well

Before your child can take part in activities such as bushcraft and fire craft, a completed **permission form and video consent form** from Nature Wild must be returned. These forms will be sent out before the sessions begin. Without these, they will not be able to participate in these activities and may miss out on the full experience. **Please ensure these forms is returned promptly.**

We want you to feel involved in your child's Forest School journey, so we will share regular updates and highlights through our **newsletter and also on Nature Wilds Facebook page**

Thank you for your support in helping us bring the benefits of Forest School to your child's education and we look forward to welcoming them as a Nature Wild child!

Warm regards,

Tamsin O'Connor (Founder and Forest School Leader)
Email: hello@naturewild.uk

