



P.E. Policy

September 2022

Our School Vision Statement

'Together as a Cams Lane family, we will inspire everyone to reach their potential. Guided by our 5 Rs, we will develop independent learners with an awareness of the world around them, ready for the challenges of the future. We will nurture relationships that build confidence and pride within each person.'

Our School Motto

Our motto is the golden thread which permeates our school ethos and drives everything we do in school.

"INSPIRE, BELIEVE, LEARN"

School Values

- Resilience
- Resourcefulness
- Respect
- Reflection
- Responsibility

Intent Statement

We aim to provide an engaging and challenging PE curriculum that encourages all students to fulfil their potential. We offer all children the chance to compete in sports and other activities. This helps our children build character and learn key values, which we promote in school, such as resilience and respect.

Overview

At Cams Lane we believe PE to be an integral part of the curriculum to be enjoyed by all children. It is a real opportunity for children to consolidate and work on the values that underpin our school motto to "Inspire, Believe and Learn". Children learn a range of skills and are also inspired to take part in sport outside of curriculum time.

By participating in physical activity during school, students can gain a range of physical, social, emotional and intellectual benefits. Physical activity opportunities can be provided through health and physical education activities, sport, recreation and games. It is important that children are given

opportunities to participate in a range of enjoyable physical activities, so they will be more likely to continue being physically active in the future.

Through the Government Funding for sport, where possible, the school will provide opportunities for pupils to work with PE specialists and provide quality PE equipment, including the use of the outdoor muggers. The funding will also support PE training by providing opportunities for children to work alongside specialist coaches and take part in competitions across the borough with other schools.

Aims

We aim to provide a broad and balanced P.E. curriculum to aid children's increasing self-confidence in their ability to manage themselves and their bodies within a variety of movement situations.

Through a balance of individual, paired and group activities, we aim to cater for the different strengths, needs and preferences of each child, using differentiated activities where appropriate. We believe that through the variety of opportunities that PE offers, children can develop a sense of personal achievement, fair play, teamwork and an understanding of the ways in which sport can transcend social and cultural boundaries.

The aims of PE are:

- To enable children to develop and explore physical skills with increasing control and co-ordination.
- To encourage children to work and play with others in a range of group situations.
- To develop the way children perform skills and apply rules and conventions for different activities.
- To increase children's ability to use what they have learnt to improve the quality and control of their performance.
- To teach children to recognise and describe how their bodies feel during exercise.

•To develop the children's enjoyment of physical activity through creativity and imagination.

•To develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.

Teaching and Learning

At Cams Lane Primary School, classes are timetabled to have at least one Physical Education session per week. The sessions will contain elements required by the National Curriculum.

In the foundation stage and Key stage 1, teachers follow the Primary PE Planning scheme, which covers the national curriculum for Key Stage one. This is supported by a PE coach where staff also attend and use as a CPD opportunity.

In Key stage 2, PE is taught by a sports coach, which follows the "Cube" scheme of work which covers 6 areas of fundamental skills linked to the National Curriculum.

Teaching is differentiated for children through different outcome, resources and support.

The Foundation Stage

We encourage the physical development of our children in the reception class as an integral part of their work. As the reception class is part of the Foundation Stage of the National Curriculum, we relate the physical development of the children to the objectives set out in the Early Learning Goals, which underpin the curriculum planning for children aged three to five years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

Swimming

Children attend swimming sessions in both Year 4 and 5. Where they learn to:

- Swim competently over 25M
- Learn a range of strokes
- Perform safe self - rescue in a variety of different water situations

Assessment

Teachers assess children's work in PE by making assessments as they observe them working during lessons. They record the progress made by children against the learning objectives for their lessons. At the end of a unit of work, teachers make a judgement as to whether the child has met, exceeded or is working towards the expectations of each individual unit and record this in a colour coded table. They record the information in their assessment files to pass on to the next teacher.

PE Kit

In the interests of safety and hygiene teachers must insist on children changing into the following kit for PE lessons. This will ensure consistency and avoid confusion for the children:

- A plain white t-shirt and navy blue shorts.
- Trainers that fit properly, can be properly tied up and are different to shoes worn in school. Pumps for indoor PE in the hall (no bare feet)
- A PE bag - a proper bag clearly named, not a plastic carrier bag.
 - Lessons taught in the hall require pumps to be worn and no bare feet, unless the child is in Key Stage 2 and struggling to find pumps of a certain size, then in some cases trainers can be worn.

For lessons that will be taught outdoors children are advised to bring in jogging bottoms and a jumper for colder conditions. PE kits should be taken home in the holidays for washing.

No jewellery should be worn for PE (children wearing earrings that cannot be removed will be asked to cover them with Micro pore tape). Long hair should be tied back.

Extra-curricular activities

The school provides a range of PE-related activities for children at the end of the school day. These encourage children to further develop their skills in a range of the activity areas. These are accessible for all age ranges across school.

Equal opportunities and SEND

At Cams Lane we respect the individuality of each pupil and aim to provide equal opportunities for boys and girls and children of abilities. Class teachers should ensure that no discrimination is shown in the teaching of PE. It is also up to the class teacher to be aware of any special educational needs and make adequate provision for these children. If advice or assistance is needed, the class teacher should consult the SENCO.

R Robinson
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