

# Cams Lane Primary School

Cams Lane, Radcliffe, Manchester, M26 3SW

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Inspire Believe Learn

February 2025

## Mental Health Newsletter

Here at Cams Lane we are well aware of the many challenges children and parents face today for their mental health and anxiety. Please find below the different ways we are supporting our children in our community.

### Dottie the Dog

Dottie the dog and her owner Leanne are in School every Friday. Dottie works with many of our children providing nurture and allowing a safe space for them to talk about their feelings. Or simply to have cuddles with Dottie. Dottie has a drop in at lunchtime in order to reach every child at Cams Lane.



### Mental Health Practitioner

Nicole Horner who is currently covering Amelia Newman's maternity leave is in our School one day a week. She does mental health assemblies and class workshops targeted at giving children strategies for their mental health. She also works with individual children over the age of 8 or sometimes with parents if a child is under 8. Parents can refer directly to Nicole via School or if there is a concern, school staff can refer with parent consent.



## Pastoral support

Pastoral support is available daily in School for both parents and children in our green room. This could consist of weekly check-ins; bespoke feelings work or providing advice. We support a variety of children with different needs which enables staff to deal quickly with any issues that may arise as we recognise the importance of early intervention at our School.

## Interventions

We also run the following interventions at various times throughout the year:

- Friendship group
- Nurture group
- Lego Therapy
- Talking Partners (Improve social skills)
- Colouring Club
- Sports coach 1:1 support



If anyone requires further information or support, please do not hesitate to contact us on the following:

[Senco.camlane@bury.gov.uk](mailto:Senco.camlane@bury.gov.uk)

[Pastoral.camlane@bury.gov.uk](mailto:Pastoral.camlane@bury.gov.uk)

